



Sacred Heart
Care Center

JULY 2025 NEWSLETTER

A message From the Social Services Department:

We are looking for family members who are interested in engaging in family council meetings.

Family Council is an organized group of family members and friends of residents who meet regularly to discuss concerns about the quality of care and quality of life for residents. These councils are independent and family-led, not run by the facility, and they provide a platform for families to share experiences, address issues, and advocate for improvements.

Please contact the facility if you are interested and would like to help schedule the next meeting!

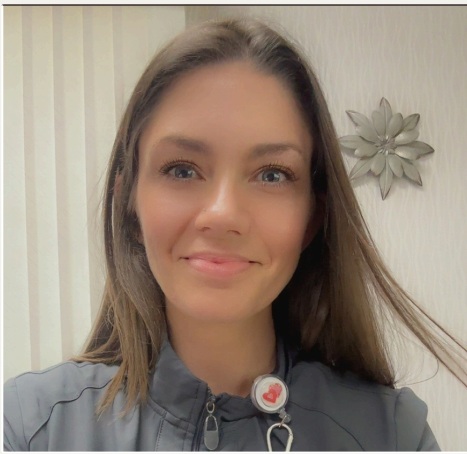
UPCOMING EVENTS:

- July 1st: Ladies Pizza
- July 7th: Resident Council
@ 3pm in the chapel
- July 21st Monthly B-day Party
 - with Pickin' & Ticklin'
- July 24th Boxed lunch from Culvers
- July 31st Men's Group
- July 29th BINGO Sponsored By St. Ed's & St. A's



Construction Update:

There has been a lot of movement outside of the facility lately. The construction crews are working hard at working on the footing and getting the foundation in. They will soon start doing some work in our Adult Day Program.



Staff Spotlight:
Jackie Mjoen
Director of Nursing

Meet Jackie Mjoen, our compassionate and committed Director of Nursing at Sacred Heart Care Center. Jackie has been an integral part of our team for over 15 years, beginning her career here as a CNA and progressing through roles as an LPN, RN, RN Clinical Manager, and now proudly serving as our Director of Nursing.

Her passion for senior care runs deep. "I love working with this population", Jackie says. "Sacred Heart truly feels like home to me". Having worked in other facilities, Jackie has always felt drawn back to Sacred Heart—something she believes speaks to the heart and mission of our community. Both of her grandparents were once residents here, and the connection is personal and lasting.

Outside of work, Jackie's heart is full. She is a proud mom to her amazing son, Ethan, who is 19 years old and currently enrolled in the Industrial Maintenance program at Riverland Community College. Ethan also works as a Maintenance Assistant here at Sacred Heart, where he's gaining valuable hands-on experience. Jackie also shares life with her wonderful boyfriend of 6 years, Erick, and their two adorable Yorkies—Harley (5 years old) and Violet, who will turn 2 next month. When she's not at Sacred Heart, Jackie enjoys volunteer work, camping, and watching nature and wildlife documentaries.

We're incredibly lucky to have Jackie leading with dedication, heart, and a deep-rooted love for our Sacred Heart community.



As you may have noticed some patios are closed with the current construction. Patio 1 is still open and we have been enjoying watching family/friends outside visiting with the residents.

Summer Wellness Tips:

- Hydrate Like It's Your job - Even if your retired
 - Dress Smart
 - Make Shade Your favorite Spot
 - Plan Activities Wisely
 - Eat Light, Eat Bright
 - Watch for Warning Signs
 - Check in On Others
- Aging Connections, 2025

July Staff Anniversaries

1 Year

- Kristin Schubert
- Jasmine Valladares
- Alyson Posadas-Cifuentes
- Pratiksha Shah
- Bianaca Angell
- Adj Lacle

2 Years

- Katty Duku

3 Years

- Alicia Rojas-Ortis
- Adriana Rodriguez-Lopez

5 Years

- Kody Lau

6 Years

- Hailey Lau

7 Years

- Kayli Gonzalez-Perez

10 Years

- Anu Thawani

Thank you for dedication and all you day each and every day!



Newsletters will be sent out and posted on our website monthly!

Check it out monthly to stay up to date on what's going on around the facility!

