



Sacred Heart
Care Center

AUGUST 2025 NEWSLETTER



Staff Spotlight:
Jackie Mjoen
Director of Nursing

Meet Jackie Mjoen, our compassionate and committed Director of Nursing at Sacred Heart Care Center. Jackie has been an integral part of our team for over 15 years, beginning her career here as a CNA and progressing through roles as an LPN, RN, RN Clinical Manager, and now proudly serving as our Director of Nursing.

Her passion for senior care runs deep. "I love working with this population", Jackie says. "Sacred Heart truly feels like home to me". Having worked in other facilities,

Jackie has always felt drawn back to Sacred Heart—something she believes speaks to the heart and mission of our community. Both of her grandparents were once residents here, and the connection is personal and lasting.

Outside of work, Jackie's heart is full. She is a proud mom to her amazing son, Ethan, who is 19 years old and currently enrolled in the Industrial Maintenance program at Riverland Community College. Ethan also works as a Maintenance Assistant here at Sacred Heart, where he's gaining valuable hands-on experience. Jackie also shares life with her wonderful boyfriend of 6 years, Erick, and their two adorable Yorkies—Harley (5 years old) and Violet, who will turn 2 next month.

When she's not at Sacred Heart, Jackie enjoys volunteer work, camping, and watching nature and wildlife documentaries.

We're incredibly lucky to have Jackie leading with dedication, heart, and a deep-rooted love for our Sacred Heart community.



Upcoming Events:

- 8/05: Ladies Pizza @5:15pm
- 8/11: Resident Council @ 3pm in the chapel
- Monthly B-day Party @ 2:00pm
 - with PICKIN' & TICKLIN'
- Boxed lunch from Culvers
- 8/21: Men's Group @ 11:45am
- 8/26: BINGO Sponsored by ST ED's & ST A's @ 2:00pm



-Denver Health, 2023

Meet our new team members at Sacred Heart!

We're excited to welcome Lisa Chelberg to Sacred Heart as a new Nurse! She recently graduated from nursing school and brings a caring, energetic, spirit to our team. She is eager to start her nursing career with us. Outside of work, she enjoys spending time at the lake, doing jigsaw puzzles, and talking about her grandkids. Be sure to give her a smile when you see her - it will make her day!

Join us in welcoming Duna Alemo to the Sacred Heart team as a CNA! Originally from Kenya, Duna brings her love for helping others and has had one year of experience working in healthcare. Outside of work, she enjoys playing sports, shopping, and going on relaxing walks. She believes in teamwork and says a simple smile can make her day.

Help us give a warm welcome to Naila Rodriguez, who recently joined our CNA team here at Sacred Heart. Originally from Iowa, Naila is excited to begin her journey in the healthcare field. When she's not working, she enjoys traveling, spending time with her dog, and relaxing with a good book on occasion. A good laugh will make her day.

We're happy to welcome Keziah Struyk back to Sacred Heart! She's worked in healthcare before and recently rejoined our CNA team. Outside of work, Kesiah enjoys spending time with her pets - a dog, cat, and hamster - and is currently attending college. She has a bright personality and says a simple smile can go a long way for making her day!

Join us in also welcoming Trent Rubin to Sacred Heart's dietary team! Trent is a high school senior and brings great energy to the kitchen. Outside of work, he enjoys playing hockey, going to the gym, and talking about cars. A smile goes a long way with him - don't hesitate to say hello!

We say hello again to Julianna Phatame, who rejoins our dietary team here at Sacred Heart! Born and raised in Austin, she brings several years of healthcare experience and is excited to be back with us. In her free time, she enjoys volleyball, ocean animals, and relaxing with a good movie. She always appreciates a friendly face and a good conversation.

We are thrilled to welcome these new (and returning!) team members to Sacred Heart. Each brings their own unique energy, experience and personally to our community. Be sure to give them all a warm welcome, a smile, or even a quick chat to help them feel welcomed and right at home!

August Staff Anniversaries

1 Year

- Dan Alejo

2 Years

- Kyra Lubensky
- Genesis Pozos Sanchez

3 Years

- Alyssa Deveza

4 Years

- Shannon Apold

7 Years

- Treyvis Smith

11 Years

- Brenda Sabin

12 Years

- Vanessa Chhann

Thank you for dedication and all you day each and every day!



A message From our Social Services Department:

We are looking for family members who are interested in engaging in family council meetings.

Family Council is an organized group of family members and friends of residents who meet regularly to discuss concerns about the quality of care and quality of life for residents. These councils are independent and family-led, not run by the facility, and they provide a platform for families to share experiences, address issues, and advocate for improvements.

Please contact Cassidy or Hope if you are interested and would like to help schedule the next meeting!



As you may have noticed some patios are closed with the current construction. Patio 1 is still open and we have been enjoying watching family/friends outside visiting with the residents.



Sacred Heart Care Center
Alternatives in Long Term Care

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