



Sacred Heart
Care Center

SEPTEMBER 2025 NEWSLETTER



Staff Spotlight:
Vanessa Davis
Medical Records

Meet Vanessa Davis, a dedicated member of the Sacred Heart family for nearly 15 years. Vanessa began her journey on the evening shift as a CNA/TMA, where her compassion and commitment to elder care quickly stood out. She later transitioned to day shifts and, for the past three years, has brought her attention to detail and deep care for residents into her role in Medical Records.

Caring for the elderly has always been close to Vanessa's heart, and her work reflects that passion every single day.

Outside of Sacred Heart, Vanessa is a proud wife of 12 years and a loving mom to three children—a daughter who just turned 10, and two sons aged 13 and 19. Her family keeps her busy and joyful!

When she's not at work, Vanessa loves spending time outdoors, soaking up the sunshine and going on evening walks with her chocolate lab, Tank. Watching the sunset with Tank by her side is one of her favorite ways to unwind.

Thank you, Vanessa, for your years of service, your warmth, and the light you bring to Sacred Heart!

Upcoming Events:

- 9/4: Men's Pizza @11:45am
- 9/8: Resident Council @ 3pm in the chapel
- 9/9 Ladies Pizza @ 5:15pm
- 9/15 Monthly B-day Party @ 2:00pm
 - with PICKIN' & TICKLIN'
- 9/18 Boxed lunch from Culvers



Meet our new team members at Sacred Heart!

We're happy to welcome Roxanne to our dietary team at Sacred Heart! She's 26 and a proud mom of two boys. Outside of work, Roxanne enjoys spending time with her kids and is excited to be returning to the workforce after a few years away. A kind word or friendly conversation is the best way to brighten her day!

Join us in welcoming Hailey to Sacred Heart as a new nurse! She recently graduated with her LPN degree and is beginning her nursing career with us. Outside of work, Hailey enjoys reading, fishing, working out, and spending time with her dog, Casper. She's excited to continue her education toward her RN while being part of our Sacred Heart family!

please join us in welcoming Evelin Chavez Martin, one of our newest CNAs! She comes to us from Guatemala and is excited to start her career in healthcare after recently earning her CNA license. She enjoys listening to music, walking in the rain, and spending time with her family. We're thrilled she chose Sacred Heart and look forward to having her as part of our community!

Be sure to give these two a warm welcome when you see them around the facility!

FAMILY COUNCIL WANTED

Please contact Cassidy or Hope if you are interested and would like to help schedule the next meeting!

September Staff Anniversaries

1 Year

12 Years

• Hope Ricke • Desiree Kowalske

• Julie Lopez

15 Years

• Tina Thompson

2 Years

• Ethan Knox

5 Years

• Alondra Maldonado



Thank you for dedication and all you do each and every day!

A message from the Director of Nursing :

We're excited to share an upcoming transition in our medical team that will enhance care at our location.

Over the next few weeks, Dr. Gallion will be training alongside Dr.

Langbehn and Dr. Fruehbrodt-Glenzinski to ensure a smooth

handoff. Dr. Gallion will be stepping into the role of our primary rounding physician, replacing Dr. Langbehn.

Her close proximity to the Albert Lea locations allows for a more regular on-site presence, which we believe will be a great benefit to our residents and staff.

Dr. Langbehn will continue to serve as Medical Director at our location.



Please note: Dr. Gallion's scheduled rounding day will be Wednesdays.

We appreciate your support during this transition and look forward to the continued excellence in care.



As you may have noticed some patios are closed with the current construction. Patio 1 is still open and we have been enjoying watching family/friends outside visiting with the residents.



Sacred Heart Care Center
Alternatives in Long Term Care

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