



**Sacred Heart**  
Care Center



## OCTOBER 2025 NEWSLETTER



**Staff Spotlight:**  
**Kody Lau**  
**Dietary**

Meet Kody, a member of our dietary team who's been serving up smiles for the past five years. His favorite part of working here? Seeing the residents smile and working alongside the dietary team.

When he's not at work, Kody loves spending time with his girlfriend. He also enjoys spending time outdoors, especially riding his ATV or side-by-side. Fall is his favorite season—nothing beats a crisp autumn day filled with adventure and fresh air.

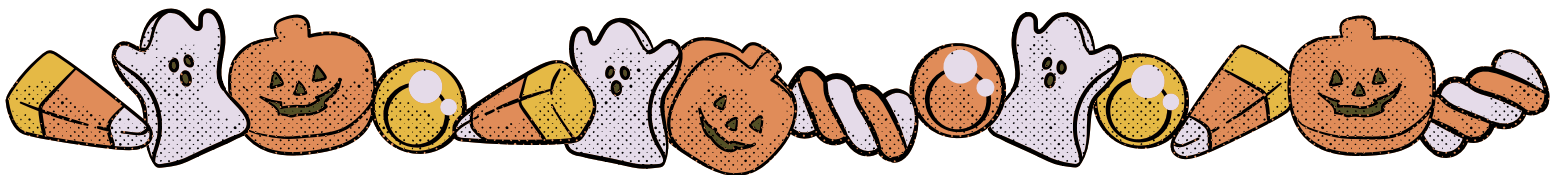
Here are a few fun facts about Kody:

💙 Favorite color: Blue

🍕 Favorite food: Pizza

🏈 Favorite football team: Philadelphia Eagles

Thank you, Kody, for your dedication, energy, and the joy you bring to the residents every day!



Sacred Heart Care Center is now using Dial My Call to notify families of important facility-wide updates (such as outbreaks or other significant changes). When you receive a call from (855)-741-3218 please know this is Sacred Heart contacting you with an automated message from our team. If you are unable to answer, the system will leave the full message as a voicemail for your convenience.



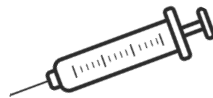
**Trick or Treating @  
Sacred Heart**

**OCTOBER 31<sup>ST</sup>**

**3:30 - 5:00**

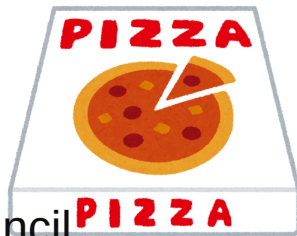
We are preparing for our resident Flu and COVID-19 vaccine clinic in October. At this time, we are waiting for our partnering pharmacy to confirm the clinic date. Once finalized, our Infection Preventionist will send a notification through Dial My Call to all families with the confirmed date.

If you are a resident's POA/healthcare decision-maker, please watch your email in the coming weeks. Our Infection Prevention Nurse will be sending consent forms that must be completed before your loved one can receive their vaccine at the clinic.



### Upcoming Events:

- 10/2 Men's Pizza
- 10/6 October Fest
- 10/7 Ladies Pizza
- 10/13 Resident Council
- 10/16 Boxed Lunch
- 10/20 Monthly Birthday Party
- 10/31 Trick or Treating Candy Pass



## MEET THE STAFF

Joannie M. is joining our team with over 10 years of healthcare experience! She lives on a farm with her significant other and a variety of animals—including horses, goats, dogs, and cats.

Heather K. has been a nurse since 2019, after starting her healthcare career as a CNA. She's previously worked at Sacred Heart when she was a CNA. She's married with a child, two dogs and two cats, and is currently obsessed with cows! Sacred Heart feels familiar and close to home for her.

Marcos R. joins our dietary team! He's new to healthcare and excited to start his first job at Sacred Heart. Outside of work, he enjoys soccer and video games.

Allie D. joins us as a CNA and is new to the healthcare scene! She grew up in Austin here and enjoys working out, spending time outdoors, and caring for her dog and cat. She's excited to begin college while making a difference here.

Miguel A. is returning to Sacred Heart as a CNA after first joining us earlier this year. He enjoys longboarding, going to the gym, anime, and movies, and is happy to be back working with both familiar and new faces.



## A message from the Department of Human Services :

The State of Minnesota is conducting the annual Resident Quality of Life (QOL) and Family Satisfaction Surveys in nursing home communities across the state for the Nursing Home Report Card.

The Resident and Family Satisfaction survey results will be used to determine star ratings and quality measure scores.

These surveys are optional- **once a date is scheduled more information will be shared.**



**Sacred Heart Care Center**  
Alternatives in Long Term Care

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